

RULES AND REGULATIONS

hereinafter called the Rules and Regulations of the Erasmus+ Charity Run (the Run) taking place as part of the European Night of Sports and the celebration of the 25th anniversary of the Foundation for the Development of the Education System (FRSE) - the Erasmus+ National Agency. The run distance is 8.3 km. Competitors will form 4-strong relay teams, which will cover 25 laps (the Event).

1. The objectives of the Event:

1. Promotion of a healthy lifestyle and physical activity.
2. Providing support to the WalkCamp project (walkcamp.pl) implemented by the Fundacja Jaśka Meli Poza Horyzonty.
3. Honouring the 25th anniversary of FRSE's activity.
4. International integration with event participants and volunteers from many countries.

2. The Organiser

1. The event is organised by the Foundation for the Development of the Education System, al. Jerozolimskie 142A, 02-305 Warszawa, entered into the National Court Register kept by the District Court for the City of Warsaw, XIX Commercial Division, under the entry number: KRS 0000024777; NIP 9521913280; REGON 015438288.
2. Contacting FRSE:
Bartosz Baran: bbaran@frse.org.pl, (+48) 22 46 31 361 (for organisational matters),
Łukasz Smogorowski: lsmogorowski@frse.org.pl (+48) 22 46 31 4545 (for strictly run-related matters)

3. The time and place

1. The Event will be held in the PGE Narodowy Stadium in Warsaw (**the Stadium**) on 29 September 2018. The Organiser reserves the right to stop the Event.
2. The Run constituting the Event will take place in three series in the Stadium along its running tracks well separated from the remaining part of the main pitch.
3. The first series of the Run starts at 5.00PM.
4. The total distance to be covered during the Run by relay teams is about 8.3 km (25 laps). The course has no certificate of the Polish Athletics Association.
5. **The Organiser's Area** will be situated in the Stadium in a designated place and will be open from 10.00AM to 4.00PM on the day of the Run - 29 September 2018. Verification and race pack collection will take place only in the Organiser's Area.

4. The time limit

1. There is a 45-minute time limit applicable to all teams.
2. Participants failing to complete the Run within the above time limit must stop running and leave the running track.

5. Participation and the competition formula

1. Anyone over 18 years of age or those over 16 holding a written consent to participate in the Run signed by parents or legal guardians are entitled to take part in the Event. Each participant must sign a declaration of acceptance of the Rules and Regulations and that there are no counter-indications to their participation in the Run. This declaration is to be found in the registration pack, which will be posted on www.erasmusplus.org.pl/bieg on 1 September 2018.
2. Each relay team must be composed of 4 members who will cover a distance totalling about 8.3 km (25 laps) along designated running tracks in any order of runners agreed by the team.
3. Each team member covers any number of laps, however, the minimum distance to cover by one person is one lap.
4. One person may participate in more than one relay race, but only on the condition of declaring such participation in the registration form and participating in two different series of the Run. Running with two different competition numbers at the same time is not allowed.
5. All relay teams participating in the Run must be verified. Verification can be performed in the Organiser's Area - by the Team Captain (the person registering a relay team) or by a person producing the Captain's written authorisation.
6. Documents needed for verification:
 - a. Fully completed registration forms (see p. III.1.) signed by all team members;
 - b. For all under-age team members - parents' or legal guardians' consent to participate.
7. Race packs including competition numbers, safety pins, technical singlets, run sleeves and bands in sizes given on registration forms will be handed over to the Captain for all team members. It is possible to change the size of a singlet by editing the relevant registration form, however, this must be done not later than on 13 September 2018. A singlet can be exchanged for one in a different size on 29 September between 4.00 PM and 4.45 PM. However, the organiser does not guarantee the availability of other sizes.
8. Race packs not collected from the Organiser's Area within the hours specified in these Regulations will not be sent or handed out at a later date.
9. In the case of a participant's injuries or other fortuitous events, it will be possible to make a change to the team composition but only after reporting that fact to the Organiser's Area not later than by 4.00 PM on the day of the Run and on the condition that the substitute fills in and signs a declaration available in the Organiser's Area and equivalent to the one included in the registration pack.
10. The composition of teams can be edited online until 25 September 2018, save the size of items included in the race pack (see p. III.7.).
11. During the Run, all participants must have non-returnable competition numbers attached horizontally to the front of their singlets (jackets, blouses, etc.). The competition number must be visible during the whole duration of the Run, participants obscuring their number (in part or in whole during any part of the Run) or modifying it will be disqualified. Timing chips are located in the batons.

12. The organiser allows for the participation of competitors in directly driven wheelchairs on the condition that this fact is previously reported to the Organiser and - for safety reasons - for the participation of not more 1 competitor in a wheelchair per team and not more than 5 in a series.
13. The Organiser ensures medical assistance during the Run.
14. The Team Captain (or a person appointed by them) must participate in a briefing held half an hour before the start of the first series. During the briefing, each team will be given a baton. To carry out a handover, a competitor must hand off the baton to the next runner within the designated zone and then cross the finishing line. Losing the baton and finishing the run without it means the disqualification of the whole team.
15. A full lap is defined as crossing the starting and finishing lines by a person with a baton.

6. Registration

1. Participants can register by filling in a registration form available on the webpage: www.erasmusplus.org.pl/bieg
2. A participant's registration is deemed complete, if the following conditions have been met: a registration form has been filled in and the entry fee has been paid and recorded in the accounts. The fee will be given to charity (detailed information in point 5.1.).
3. The maximum number of participating teams is 175 (700 participants), where a part of this number is reserved for former and current beneficiaries of Erasmus+, including its earlier editions and editions of programmes managed by the Foundation for the Development of the Education System within the past 25 years.
4. The Organiser reserves the right to change the above limit.
5. Online registration will be closed on 24 September 2018. After this date no new payments should be made (even if a registration form was filled in within the time limit).
6. The registration of teams failing to pay the entry fee by 24 September 2018 will be cancelled.
7. Places vacated in this way will be filled in during additional registration, which will be closed on 26 September 2018. The Organiser reserves the right to close the registration process earlier, if there are no more places left. In that situation, it will be no longer possible to make payment.

7. Fees

1. The entry fee to be paid by participating teams is not less than PLN 185. This amount will be donated in whole to the Fundacja Jaśka Meli Poza Horyzonty for the implementation of the WalkCamp project (www.walkcamp.pl) targeting amputees.
2. The entry fee can be paid online (using the registration profile) via Tpay.
3. The appearance of a competition number next to the name of a relay team on the start list proves that their payment has been received. The "Start list" tab on the Run webpage redirects to the start list once registration is completed. If no competition number appears after 7 days, the participant must contact the registration system administrator (Łukasz Smogorowski).

4. Fees paid will not be refunded.
5. Teams wishing to obtain an invoice for their fee should tick the relevant option in the registration form and provide all details needed to issue that document. Invoices will be issued by the Fundacja Jaśka Meli Poza Horyzonty - the recipient of the whole amount of fees for the participation in the Run.
6. In accordance with the tax regulations, as payment is made before the service is provided, advance payment invoices for the full amount of payment will be issued. Therefore, advance payment invoices are also final invoices. By ticking the "invoice" option, participants give their consent to send/share e-invoices bearing no recipient's signature. This consent does not preclude the invoice issuer, that is the Fundacja Jaśka Meli Poza Horyzonty, from issuing and sending paper invoices.

8. Depositing personal belongings

Each race pack contains a bag with a label enabling participants to deposit their personal belongings in a clearly marked designated place. Bags can be collected only upon presentation of competition numbers. Should a participant lose their competition number, the Organiser will be released from responsibility resulting from collecting the bag by another person. No valuables or documents may be deposited.

9. Classifications and results

1. The results of all the 3 series of the Run will be considered final results.
2. The Run offers the following classifications:
 - a. General classification (OPEN), open to all teams
 - b. Two additional classifications that a team may enter on registration,
 - c. Mixed relay teams (gender-balanced - 2 women and 2 men in a team),
 - d. Former and current Erasmus+ beneficiaries and those of all programmes managed by the Foundation for the Development of the Education System within the past 25 years.
3. The additional classification described in b) allows for the participation of teams composed of former and current beneficiaries of various sectors and actions of the Erasmus+ programme and its earlier editions (e.g. Comenius, Leonardo da Vinci) as well as of programmes managed by FRSE, such as the Polish-Lithuanian Youth Exchange Fund. Teachers involved in the eTwinning programme as well as former and current Eurodesk Poland programme consultants are eligible participants.
4. Should an additional classification be chosen, the "guest" participation of one team member not meeting the eligibility criteria is allowed;
5. Electronic time measurement forms the basis of classification. Choosing one of the additional classifications does not preclude participants from the general classification.
6. All classifications are based on official gross times (from the moment of firing the starter pistol). The participation of at least four relay teams in a category is the condition for the provision of an additional classification. Completing the Run by all relay teams participating in a specific classification is not a condition of classification.
7. The unofficial results of each series will be communicated directly after the last team reaches the finishing line (within the time limit allowed).

8. Protests in respect of results will be accepted on the day of the Run, not later than half an hour after the communication of unofficial results. Protests will be considered directly after lodging. The final and official results of the Run will be published after the consideration of possible protests or - if no protests are lodged - directly after the time limit for lodging protests elapses. The final interpretation of results depends on the organiser, after consultation with the electronic time measurement coordinator.
9. The organiser reserves the right to introduce additional classifications.

10. Prizes

1. All participants successfully completing the Run will be given commemorative medals on the finishing line.
2. Teams ranking I-III in the general classification and additional categories will receive cups and prizes from the organiser of the Run and/or its patron and/or sponsors.
3. The organiser reserves the right to fund additional prizes.

11. Personal data protection. The image of Run participants.

1. Run participants' personal data (**Personal Data**) will be processed for the purpose of the organisation and promotion of the Run as well as for determining the winners and awarding prizes (**the Objective**).
2. FRSE is the administrator of Run participants' personal data.
3. Registration for the Run is tantamount to giving consent for processing personal data by FRSE in line with the Objective. Providing personal data and consent for its processing is freely given, but indispensable for the participation in the Run.
4. Each participant in the Run has the right to access their personal data, request its rectification or deletion, however, the request to delete personal data may mean the immediate exclusion of the participant in the Run from the Event.
5. If justified by the Objective, FRSE reserves the right to transfer Run participants' personal data to the Fundacja Jaśka Meli Poza Horyzonty and to entities responsible for keeping order and safety in the Stadium.
6. Payments made online involve transferring personal data of a participant in the Run to the Tpay system. The scope of data is determined by the payment service provider. Data will be processed in a scope deemed indispensable for effecting payment.
7. Run participants' personal data will be lawfully processed.
8. Run participants' personal data will not be profiled.
9. Personal data held by FRSE will be kept at its headquarters using virtual and electronic resources and storing devices.
10. Personal data will be deleted by FRSE after the Event is over.
11. Because of their participation in the Event, each Run participant consents to the use of their image by FRSE (face, clothing, behaviour, voice, statements, ways of expressing thoughts) which the Foundation may record as photographs or audio-visual works during the Event.
12. The consent mentioned in point 11 is given free of charge and without time and quantity limitations. The consent covers the recording, processing, transforming and copying of materials containing a record of a participant' image and their distribution

using any medium (each form of image and sound transmission), in accordance with the objective and activity of the Foundation.

13. By accepting the Regulations and participating in the Event, participants declare that the use of their image does not infringe anyone's personal interests and moral rights.
14. The declarations, consents and statements described in points 1-13 above are based on the provisions of the Personal Data Protection Act of 29 August 1997, Act on Copyright and Related Rights of 4 February 1994 and are in accordance with the Regulation (EU) 2016/679 of the European Parliament and of the Council of 27 April 2016 on the protection of natural persons with regard to the processing of personal data and on the free movement of such data, and repealing Directive 95/46/EC (General Data Protection Regulation).
15. Withdrawing the consent given to FRSE to use a Run participant's image may be tantamount to the immediate exclusion of the participant from the Event.

12. Miscellaneous provisions

1. Only persons with a valid competition number may be present on the running track. Persons without a valid competition number will be removed from the running track by the service team. Cycling, roller skating, skateboarding and using other mechanical devices as well as running after a dog (except for guide dogs for the blind or visually impaired persons, but this must be reported to the Organiser prior to the Event) or after any other pet is not permitted on the running track. For technical reasons it is not possible to run with a pushchair/pram/buggy. Using Nordic walking and other sticks as well as running spikes - this also refers to track shoes with a removable spikes system even when there are no spikes installed - is not permitted.
2. During the Run, its participants should observe instructions given by persons responsible for safety and organisation, volunteers, law enforcement services and other people appointed by the Organiser (those persons will have appropriate ID badges or properly marked garments).
3. Each participant must sign a declaration confirming the acknowledgement of the regulations (Annex to the registration form). By signing the above declaration, participants consent to receive first aid, if necessary, undergo other medical procedures and be transported to a safe place by medical staff acting on behalf of the Organiser.
4. Each of relay team participants declares that: they are fit to participate in the Run; they know of no health-related reasons, which preclude them from participation in the Run; they participate at their own risk; they acknowledge that participation in the Run involves physical exertion and an accident, injury and physical trauma risks (including death), as well as a risk of property damage and loss. Moreover, participation in the Run may involve other unforeseeable risk factors. Signing the declaration confirming the acknowledgement of the regulations and absence of counter-indications to participate in the Run means that the Participant has considered and assessed the scope and nature of risks relating to the Run, and that their participation is voluntary and at their own risk. Medical staff's decisions concerning the continuation of the Run during the Event are final and irrevocable.
5. Placing publicity on the elements of infrastructure of the Run (fences, gates, tents, etc.) is the Organiser's exclusive right and as such it is reserved for them, their partners and Run patrons. Placing any advertising media on the running track and on

the premises used for the organisation of the Run (such as the start and finish areas, Organiser's Area) without the Organiser's consent is strictly prohibited.

6. Only the organiser of the Run is entitled to the final and binding interpretation of these Rules and Regulations. Matters not included in these Rules and Regulations will be decided by the Organiser. Should any of the provisions of these Regulations be considered invalid in part or in whole or impossible to enforce - all other provisions (in part or in whole) remain valid.
7. The Erasmus+ Run Rules and Regulations apply to all participants.
8. The most important information and updates posted on the main webpage of the Run (www.erasmusplus.org.pl/bieg) and on Facebook do not constitute the Rules and Regulations of the Run.