

# STATEMENT



Dear Student,

if you are an Erasmus exchange student in Poland and you decided to stay here due to difficulties to organise your travel back home or you decided to wait for improvement of the overall health situation, please read the message and follow the recommendations:

- 1) Contact your home university and host university/institution in order to let them know what is happening with you; learn out what are recommendations of your home university.
- 2) Contact your country consulate/embassy in order to know what help can be provided to you by them. We hope that you know the link to the appropriate webpage.
- 3) If you stay in Poland without having possibilities to be back home, follow recommendations of your host institution.
- 4) If you would like to contact student organisation in Poland (member of European Student Union) please visit <https://psrp.org.pl/international-students/> or <https://m.facebook.com/parlamentstudentowrp/> or contact [international@psrp.org.pl](mailto:international@psrp.org.pl) They can connect you with other students from your country in similar situation. Do not forget about your Erasmus buddy, if you have one. You can visit as well the ESN Polska webpage <https://www.esn.pl/en> in order to get information about ESN sections at Polish higher education institutions. If you prefer to contact ESN in your home country you can find information at the webpage <https://esn.org/sections>

